



2025

臺加機能性農產品應用於
銀髮營養需求雙邊研討會

專刊

2025臺加機能性農產品應用於銀髮 營養需求雙邊研討會

2025 Canada–Taiwan Bilateral Conference on the Application of Functional Agricultural Products for Elderly Nutrition

時間 Date 2025年9月23日(23 September 2025)

地點 Venue 公務人力發展學院福華國際文教會館前瞻廳
Howard Civil Service International House

議程 Agenda		
09:00~09:30	報到 Registration	
09:30~10:00	開幕式及長官致詞 Opening and Welcome remarks	
Section1 銀髮族健康飲食 主持人：農業部國際事務司蕭榕瓊司長 Chair:Dong-Chong Hsiou,Director General, Department of International Affairs, MOA		
10:00~10:30	我國銀髮族健康飲食現況與推動策略 (視訊) The Current Status and Promotion Strategies of Healthy Diets for the Elderly in Taiwan(Virtual)	衛生福利部國民健康署 秦義華科長 Mrs. Yi-Hua Chin, Section Chief, Health Promotion Administration, Ministry of Health and Welfare
10:30~11:00	加拿大農產品機能性成分的開發 (視訊) Development of Functional Ingredients from Canadian Agricultural Products (Virtual)	加拿大農業部貴湖研究中心 Steve Cui 研究員 Dr. Steve Cui, Research Scientist, Guelph Research and Development Centre, AAFC
11:00~11:30	銀髮友善食品之發展 Current Development in Age Friendly Food	食品工業發展研究所 王怡晶資深研究員 Dr. I-Chin Wang, Food Industry Research and Development Institute
11:30~12:00	銀髮族健康照護與營養需求 Health Care and Nutritional Needs of the Elderly	臺北市立關渡醫院陳亮恭院長 Prof. Liang-Kung Chen, Superintendent, Taipei Municipal Gan-Dau Hospital
12:00~13:30	中午休息及產品展示 Lunch break and food industry exhibition on whole grain and pulses	



Section2 銀髮健康食品研究 主持人：臺中區農業改良場楊宏瑛場長 Chair: Hung-Ying Yang, Taichung District Agricultural Research and Extension Station, MOA		
13:30~14:00	餐桌上的健康之選：麵包和烘焙 食品對健康老化的潛在益處 Bringing Wellness to the Table: The Potential of Bread and Bakery Foods in Supporting Healthy Aging	加拿大 Manitoba 大學食品營養系 Cristina M. Rosell 教授 Cristina M. Rosell, Professor and Head, Department of Food and Human Nutritional Sciences, University of Manitoba
14:00~14:30	高齡者蛋白質攝取：年齡與蛋白 質來源對營養狀態之影響 Dietary protein for the elderly: Impact of age and protein source on nutritive status	加拿大農業部貴湖研究中心 Matthew Nosworthy 研究員 Dr. Matthew Nosworthy, Research Scientist, Guelph Research and Development Centre, AAFC
14:30~15:00	全穀於銀髮健康產品之開發與應用 Development and Application of Whole Grains in Health Products for the Elderly	臺灣大學農業化學系賴喜美教授 Prof. Hsi-Mei Lai, Department of Agricultural Chemistry, National Taiwan University
15:00~15:30	蕎麥、黑米與全穀薏仁於血糖與 血脂代謝調節之作用機制與人體 功效評估 Effects of Buckwheat, Black Rice, and Whole-Grain Adlay on Glycemic and Lipid Regulation: Mechanistic Insights and Human Trial Findings	臺中區農業改良場研究員 陳裕星研究員 Dr. Yuhsin Chen, Researcher, Taichung District Agricultural Research and Development Station, MOA
15:30~16:00	綜合討論 Panel discussion & 閉幕 Closing ceremony	